

ARDGOWAN MATTERS

Ardgowan Matters

Keeping you up to date
with everything happening
at Ardgowan Hospice

www.ardgowanhospice.org.uk

ISSUE 12 January 2011

Celebrate in Style

The Marriott Hotel in Glasgow will be the venue for the 21st Annual Hospice Ball.

Years in the walk of life

Now is the time to register for this years ladies only, Moonlight Walk event.

Ardgowan Hospice 30th Anniversary Year



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**ARDGOWAN
HOSPICE**
Together We Care

CEO Welcome

Dear friends and supporters

2011 is a very special year for us, as we celebrate 30 years of hospice care in Inverclyde.

Since 1981, we have developed our skills and services in response to people's need for expert palliative care. We now care for people with different life limiting illnesses, not just cancer. In addition to treating patients in the hospice itself, we support hundreds of patients and families wherever they are-at home, in care homes or in hospital.

Care is still delivered by a team of experienced professionals, supported by more than 300 trained volunteers. In addition, we continue to reach out to people we will never meet, by educating and training health and care staff.

Our teams quietly go about their business, making sure that people's experience of hospice treatment and care is of the highest standard. Our key values challenge us to think about new ways of supporting patients and families and to do the best we can.

One thing that hasn't changed in 30 years is the way we continue to touch lives in our own special way-ensuring that people are treated with dignity, compassion and respect- in life, in death and when they find themselves coping with the pain of bereavement.

Our own staff and volunteers have recently had to come to terms with losing a valued colleague and friend. Ann Devenay, who managed the hospice Furniture store, sadly died on 31st December. Her skills lay in building a great team and in charming you to part with your money for a previously loved item of furniture that you simply had to have!

As well as remembering the past, we also look to the future. We aim to be here for you for many years to come. We know we won't manage that without your incredible support, for which we will always be grateful.

Together we care

Chief Executive Officer



Fundraising Roundup

Everyone at Ardgowan would like to thank the Inverclyde community for their support. It costs over £2 million a year to provide our services of which we receive less than 50% from the NHS which means we rely heavily on our local supporters, donors, businesses and charitable trusts. We cannot thank you enough for your support but here are some examples of your generosity:

Gourock Golf Club Ladies section for donating	£250.00
Angela Anderson who donated	£647.18
Hugh Brady for donating	£20.00
John King who donated	£770.00
St Mary's RC church for raising	£500.00
Inverclyde Social Work Services for donating	£136.00
DB Apparel for donating	£500.00

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Pupil Power



Our recent schools pilot project involved Ardgowan Hospice working with three schools in Inverclyde over an eight week period giving us the opportunity to raise awareness of the Hospice with a younger generation through creative artwork. The schools we worked with were St Gabriel's, Glenburn and Aileymill.

Staff from the Hospice worked with pupils from the schools for four sessions. One of which involved the children coming into the Hospice for one of the sessions which they thoroughly enjoyed. The children were tasked with answering three questions from a workbook that we specifically developed for them.

1. What do I know about the Hospice?
2. What would I like to know?
3. What have I learned?

The culmination of this exciting project was the production of the art work which involved incorporating all of the Hospice key values which the children presented to their parents and families at a celebration day in the Hospice to mark the end of the project.

The work is absolutely magnificent and is on display in Access at Ardgowan.

The team are currently evaluating the findings from this project in order to enhance the programme for the coming year and hope to work with both primary and secondary schools. Watch this space for further updates.



Inverclyde Care Home Champions



Some members of Inverclyde LCP Care Home Champions group

In October 2010, Ardgowan Hospice hosted a presentation lunch for a key group of colleagues from Inverclyde Care Homes. Staff from Alt-Na-Craig, Bagatelle, Balclutha, Belleaire, Campbell Snowdon House, Glenfield, Larkfield View, Little Sisters of the Poor, Marchmont, Newark and Queens Care Homes, known as Liverpool Care Pathway (LCP) Champions, have worked in partnership with Ardgowan Hospice led by Anna Forde, Practice Development Facilitator (LCP) for 18 months to implement the Liverpool Care Pathway for the dying into their Care Homes, where appropriate.

The Liverpool Care Pathway (LCP) is an internationally recognised clinical tool which has been developed to transfer the hospice model of care into other care settings. Alongside the quality care already provided, use of LCP can assist with ensuring residents have a peaceful, pain free and dignified death in their own home surrounded by their family and staff who they know and trust. The LCP Champions have shown great motivation and determination to introduce LCP into their Care Homes for the benefits of their residents and families.

Inverclyde LCP Care Home Champions group meets monthly in Access at Ardgowan where Champions can reflect upon their experiences of caring for the dying and good practice examples can be shared. The group has representation from Inverclyde District Nursing team, some of whom have also assisted with aspects of training within the Care Homes. There are also regular speakers from the specialist palliative care team at the Hospice addressing important end of life issues such as, symptom management, communication, care of the family, bereavement, spiritual and religious issues.

"I have always been committed to end of life care but with the introduction of the LCP it has opened up communication sharing and a one way open transparent approach with the resident, families and staff. It has made this really sad, difficult time so much easier".

Joan Fraser, LCP Champion

Celebrate in style

Ardgowan Hospice is delighted to invite you to our 21st Annual Hospice Ball, which will be held on Saturday 26th March 2011 at the luxurious Marriott Hotel, Glasgow. This is a very special year for us as the Hospice celebrates its 30th Anniversary and we hope you will be able to join our celebrations this year.

The ball is one of the most talked about events on the Hospice calendar and is certainly a spectacular evening. A champagne reception will kick start the fun, followed by a delicious dinner, prepared by the hotel's top chefs. You will also have the chance to bid for some amazing prizes in our Charity Auction, before dancing until the early hours to fantastic live music provided by The Riffreshers. Return transport will be provided should you require it from Greenock and Gourock.

Tickets for this magnificent evening are priced at £60.00 per person and all proceeds from the event will help Ardgowan Hospice continue to provide vital free of charge services that make a huge difference to the people of Inverclyde and their families. Despite the economic pressures put on us our ticket price remains the same as it has been for the last five years which we believe is excellent value for money.

If you would like to support the Hospice and enjoy this exciting event with friends and family, colleagues or clients, please contact Allison Smith on 726830 or email her at allison.smith@ardhosp.co.uk.

We anticipate demand to be high and would therefore recommend you reserve your places as soon as possible.



A Work Of Art

On Wednesday 24th November we hosted our first Art Show at the Riverside Inverclyde Gallery in Pottery Street. We were delighted to have sold £6,675 of art. In the current climate we are absolutely delighted with this as it exceeded our expectations. As well as the art sales there was a raffle, silent auction and ticket sales which took us to over £7,000.00. Thanks to sponsorship from Clydesdale Bank and the support of Rig-Art and McTears all expenses were covered.

On the night McTear's Auctioneers were on hand to value paintings that people brought along before the auction of an original John Lowrie Morrison called Evening Gloaming Isle of Gigha. The painting raised the fantastic sum of £1800 with all of the sale coming direct to the Hospice as Lolomo had very generously donated the painting without commission.

The event was a great success and we were delighted at the support from both artists and the local community. We hope to be able to repeat the event next year. It was a great partnership event as we are delighted to be working with McTears and Clydesdale Bank again as well as establishing a new relationship with Rig-Art.



Fundraising Update



Ardgowan Hospice's second Moonlight Walk takes to the streets of Inverclyde on Saturday 30th April 2011 at 11:00am and registration opened on Monday 17 January 2011.

This event is opened to ladies only and you must also be over the age of 16 to participate. Registration costs £15.00 with £30.00 minimum sponsorship. The walk this year covers 10k and is a flat route suitable for all fitness levels.

If you have any queries please contact Elaine McNeill on 726830 or email her at elaine.mcneill@ardhosp.co.uk.

A registration form is enclosed, but please feel free to pass it to someone else to use. Registration is so easy to do online at www.ardgowanhospice.org.uk.

So get the girls together and come along and enjoy the fun. We had 50 people register on the first day so places are filling up fast!



Fashion Show

On Wednesday 10 November 2010, the Voluntary Services Department presented a fashion show in Greenock Town Hall, in association with Wilkies in Largs. Featured collections by Planet, Precis, Jacques Vert, Gerry Weber, and many more designers were showcased.

The event, which was organised to raise funds for the Patient Transport Service, was a sell out and exceeded all expectations.

There was something for everyone, with various stalls located in the Saloon, patrons could enjoy a glass of wine, kindly donated by Greenock Police Club, whilst browsing, or buying some indulgent goodies for Christmas.

A fabulous silent auction was held as well as a terrific prize draw. Prizes for both ventures had been generously donated by local/national businesses and individuals.

Our glamorous models (staff, volunteers and service users) modelled ranges from rainwear to office wear, leisure wear to party outfits, and we even had a hilarious section devoted to sleepwear. The finale was a spectacular wedding scene, featuring ensembles for Mothers of the Bride and Groom, and outfits for guests. Our beautiful Bride was dressed by Fine Things bridal shop, Port Glasgow.

However, and not surprisingly, the highlight of the evening for most of the audience was the unannounced visit by Gourrock retained firemen. The boys performed a hilarious routine similar to The Full Monty, but they kept more than just their hats on!

The ladies in the stalls and balcony areas almost raised the roof. The event raised just over £10,000 which is a magnificent boost to Hospice funds.



Lighting up Lives



On Sunday 28th November 2010 we were hoping once again to welcome our many supporters to our service at Westburn Church in Nelson Street for our short service that was to be led by Rev Bill Armstrong, before Sharon Murdoch of Funworld switched on the lights. Unfortunately due to the adverse weather conditions we had to cancel this event in the interests of public safety which was a real shame as it is always a lovely evening.

However, to date our 2010 Light up a Life Appeal has raised a magnificent £14,300 so thank you so much to everyone who has dedicated a light in memory of a loved one. The names will shortly be entered into our Book of Remembrance which will be displayed at our Annual Remembrance Service in May and thereafter, in the Hospice. There is still time to dedicate a light by visiting our website www.ardgowanhospice.org.uk or visiting the Hospice or Access receptions.

Dates for the Diary

Ardgowan Hospice has a calendar of events planned to raise funds:

- | | |
|------------------------|--|
| March 26th 2011 | 30th Anniversary Ball, Marriott Hotel, Glasgow (£65.00) |
| April 30th 2011 | Moonlight Walk, Battery Park, 10:00pm (£15.00) |
| June 19th 2011 | Ladies Day, The Chartroom, Inverkip (£35.00) |

All our Christmas Cards are now £1.50 in our January sale and are available at both receptions.

Call fundraising on **01475 726830** or visit www.ardgowanhospice.org.uk for further details on any of these events.

Lottery

Our lottery office has recently moved into our store in the Oak Mall. This move should give our players easier access to the team and also hopefully raise the lottery's profile within the Inverclyde area.

As we are celebrating our 30th Anniversary this year the we have decided to hold two special draws this year instead of the usual annual Birthday draw.

These draws will take place on Friday 22 April 2011 (Good Friday) and Friday 2nd September 2011 (Sept Weekend).

Sale of tickets for the Easter draw will be available from February onwards.

So why not pop into the Oak Mall and try your luck, what have you got to lose!

Ardgowan Matters offers email

We would like to start delivering our newsletter by email to as many of you as possible. This will not only save the Hospice money on printing and postage but will also help us do our bit for the environment! Can you please email me at allison.smith@ardhosp.co.uk with your name and address if you would like to sign up for this service.



Money Matters

How you can help us

If you would like to make a donation to Hospice services, please complete the form below.



Title _____

First Name _____

Surname _____

Address _____

Postcode _____

Telephone _____

E-mail _____

I would like to make a donation of: £ _____

Tick box for amount of cheque/postal order to be added, or box for donating by credit card

If you would like additional information on any of the events in the Newsletter, please specify: _____

Cheque/PO Credit Card Number _____

3 digit security code _____ (this can be found on the reverse of your Debit/Credit card)

Name on card _____

Expiry Date _____

Issue Date/Number _____

Card Type _____

If cardholder's name differs from the donor, please provide their name and address _____



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