

## Money Talks

### How you can help us

If you would like to make a donation to Hospice services, please complete the form below.



Title \_\_\_\_\_

First Name \_\_\_\_\_

Surname \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Postcode \_\_\_\_\_

Telephone \_\_\_\_\_

E-mail \_\_\_\_\_

I would like to make a donation of: £ \_\_\_\_\_

Tick box for amount of cheque/postal order to be added, or box for donating by credit card

If you would like additional information on any of the events in the Newsletter, please specify: \_\_\_\_\_  
\_\_\_\_\_

Cheque/PO  Credit Card  Number \_\_\_\_\_

3 digit security code \_\_\_\_\_ (this can be found on the reverse of your Debit/Credit card)

Expiry Date \_\_\_\_\_ Issue Date/Number \_\_\_\_\_

If cardholder's name differs from the donor, please provide their name and address \_\_\_\_\_  
\_\_\_\_\_

Ardgowan Hospice, 12 Nelson Street, Greenock PA15 1TS  
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### Light up a Life

A look at the recent Christmas Light up a Life Appeal

### Picture Inverclyde

A great NEW Book published by Ardgowan Hospice

**IN THIS ISSUE**  
News on our exciting refurbishment Programme and what happened at the Halloween Party



**Fundraising Update.** A big thank you from all at Ardgowan Hospice

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**Money Talks.** How you can help Ardgowan Hospice



## News and Views

### CEO Welcome

Patients and friends often tell us how well supported they feel by Ardgowan Hospice staff and volunteers. This extends from the welcoming way they are greeted in reception, to the care received from professional staff while they have access to our services and often continues to that all important befriending during bereavement.

Support is not only demonstrated by front line staff, however, as every person in this organisation plays a vital role in ensuring that patients and carers feel supported where and when required.

This was demonstrated recently during our phase 1 refurbishment works, as our caretaking, catering and housekeeping teams in particular went out of their way to ensure the smooth running of the Hospice.

We are half way through our programme of improvements and cannot thank our cheerful teams enough for their ongoing support. Our finance, admin, nursing, fundraising and volunteering teams have all adjusted to re- location in a bid to improve the way we support each other in our work.

Our grateful thanks extend to the Friends of Ardgowan Hospice who work tirelessly, supporting us by fundraising, however above all else it is thanks to YOU, the generous people of Inverclyde who enable Ardgowan Hospice to support hundreds of patients and families each year.

You can help our work in so many ways so take the opportunity to keep up to date with ideas on our exciting new website, [www.ardgowanhospice.org](http://www.ardgowanhospice.org).

Chief Executive Officer



### Inside this Issue of Ardgowan Matters

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Light up a life, Freaky Friday, Thistle Badges, Heartfelt Thanks **Plus lots More.**

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Hospice Refurbishment Programme, User Involvement and Picture Inverclyde

## Fundraising Update

### Light Up A Life

Many of you participated in our Christmas 2007 Light Up A Life Appeal. This is a unique way of remembering loved ones by dedicating a light on our newly adopted tree at The Westburn Church. The fabulous tree was illuminated on Sunday 2 December at our Christmas Service by Bill Lafferty whose company very kindly supplied the external power. Thanks also to Strathclyde Fire Brigade who managed to put the lights on the tree on our behalf.

Many people made their donation at Tesco Extra in Port Glasgow who very kindly allowed us to set-up in the store for three weeks during December so a big thank you to them for all their assistance.

Names from all the memorial lights dedicated will be entered in the Ardgowan Hospice's book of remembrance, which will be on display at our annual remembrance service this May and thereafter in the Hospice building.

Around 200 people turned out on what was a cold night to attend the short service and were also treated to a few carols from the Ardgowan Hospice Singers as well as mulled wine and mince pies inside the church hall.

More than 700 of you chose to participate in this annual event and your generosity so far has raised an outstanding £13,293. Thank you so much to all of you for your donations.



### A Very Merry Christmas

This year Ardgowan Hospice had a bumper Christmas and sold out of all its specially selected cards by the middle of December.

We hoped you liked them and many thanks to those of you who chose to purchase your cards from us.

## Fundraising Update

### Lifelong Legacies

Ardgowan Hospice is dedicated to providing specialist care and support to patients with a life limiting illness.

Our wide range of services are provided completely free of charge to patients and their families and often acts as a vital lifeline. As a charity, our existence and ability to provide these life-enhancing services relies solely on grants and donations. That is why one of the most important ways you can help us continue our essential work is by leaving a Gift to the Hospice in your Will. The Gift of a legacy is the most lasting contribution you can make and it doesn't cost you a penny in your lifetime.

Without gifts in wills, some charities would simply not exist. Others would have to make dramatic cuts and very hard decisions. Thanks to previous Gifts in Wills, Ardgowan Hospice has been able to achieve many improvements in the care and support services we provide to people diagnosed with cancer and other life limiting illnesses.

So if you feel it is right for you and your family, remembering Ardgowan Hospice in your Will can make a tremendous difference to the lives of so many. Your local Solicitor will be able to assist in making or changing a Will.

### Freaky Friday

Ardgowan Hospice held it's first Halloween Party last October in the Chartroom in Inverkip.

Guests were treated to a spooky cocktail and a fabulous themed buffet including pickled eyeballs and shots of pumpkin soup.

Everyone made a real effort and with their costumes which included, witches, members of the clergy, pirates, cowboys and Shrek! Although top prize went to a very deserving gentleman who braved the lycra as Daffyd from Little Britain.

Almost £1,500 was raised on the night and we hope to make this event an even bigger success next year.

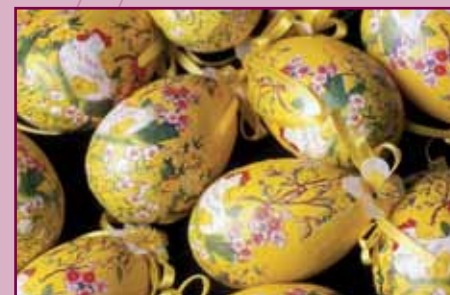


## Fundraising Update

### Easter Goodies

A selection of Easter cards are now on sale at Ardgowan Hospice so don't forget to get your Cards in time. Easter Sunday is on 23 March.

We also have little Easter keyrings and badges that are now on sale in both buildings.



### Thistle Badges

Many of you supported Ardgowan Hospice on World Hospice day last October by purchasing one of our Scottish Thistle badges.

These badges were on sale in various venues throughout Inverclyde as well as both Hospice buildings and your generosity so far has managed to raise almost £2,500.00.

They have even travelled as far as America, Spain and New Zealand.

We now have the badges back in stock and they are available in both receptions.

### Heartfelt Thanks

Everyone at Ardgowan Hospice is extremely grateful to the community of Inverclyde for their continued support of our work. Lots of people have been busy raising funds on our behalf, too many to mention, here are just a few examples.

Thanks to: Greenock & District Angling Club, Mecca Bingo, Lorraine Morgan & Friends for organising a High School Reunion with all proceeds to the Hospice, Lillian Hannan for undertaking a Fire walk, Cardwell Garden Centre and St Andrews Church.

Our local schools continue to be very supportive of the Hospice. Thanks to Inverkip Primary School, Ladybird Pre 5 Centre, Gourrock High, Blairmore Nursery, Kip Nippers Pre 5 Group in Inverkip and Notre Dame High School for their kind donations.

Thanks to all of you - we would not be able to continue our work without your support.



## News and Views

### Hospice Refurbishment Programme

*The Hospice is currently in the middle of a major refurbishment programme in both of its buildings. The main objectives are to centralise and improve all Out-Patient activity within the ACCESS building and to improve the quality of service to patients and their families within the In-Patient Unit in Nelson Street. This includes additional en suite facilities and a room which allows a sleep over facility for families and friends.*

Phase one of the refurbishment in ACCESS is largely completed, with Day Hospice now settled into the ACCESS building. A new kitchen in ACCESS has been installed in order to accommodate the move.

A new well equipped kitchen and a new door has been installed in ACCESS with some final work to be completed in order to better facilitate wheelchair access.

The total cost for all works will be around £300,000 and major refurbishments like this are only possible as a result of the continuous generosity of the people of Inverclyde.

Phase two in Nelson Street commenced on 7th January and will be completed around the end of March.

During this period we will require to restrict the number of In-Patient beds which will be relocated, on a temporary basis, to the area previously occupied by Day Hospice in the Nelson Street building. Your understanding and support during this period will be greatly appreciated. On completion of the refurbishment we will be in a position to provide an even better service to all our patients.

New look Day Hospice



### User Involvement

The concept of User Involvement is something that has been gradually developing over the last ten years. Many organisations have developed this on their own terms and Ardgowan Hospice is no exception.

To this end a new group has been created within Ardgowan Hospice with the purpose of improving service development, collaborative working and improving satisfaction for both users and staff.

The Department of Health (1997) states that "the involvement of local people including users and carers in developing local services is critical to the development of responsive services."

If you are a "user" of Ardgowan Hospice and are interested either in joining our new group or would be keen to find out further information please contact Ros Park or Alison Bunce on 01475 726830.

## News and Views

### Picture Inverclyde

Picture Inverclyde is a book published by Ardgowan Hospice containing one hundred positive pictures of the Inverclyde area that were taken by the Inverclyde Camera Club and various schoolchildren who won a photographic competition.

The book has proven to be very popular with many of the 500 purchased so far finding their way to relatives and friends in America, Canada, and Australia.

The Hospice, supported by the Inverclyde Camera Club and Word & Image (Scotland), is proud to have produced a book which portrays Inverclyde in a very positive manner with 80% of any profit made coming directly to the Hospice and 20% to the Inverclyde Camera Club.

Books, priced £9.99 are available in both Hospice receptions and in the four Hospice shops in Gourock, Greenock, Port Glasgow and Kilmacolm.

Jacqui Mackenzie of Riverside Inverclyde, who were involved in the initial exhibition which led to the production of the book said, "This book is a further means of promoting to audiences near and far the many assets Inverclyde has."

If you haven't already seen the book it is recommended that you view it in any of the above mentioned locations.

